

GROPC – Mental Health Clinic Groups (updated 3/13/2019)

Monday:

- *Wellness Recovery Group weekly 8:30am-10am Mr. Nichols and Mr. Moorehead
- * Substance Use Disorder (SUD) group weekly 2:00-3:00pm - Mr. Stacey
- * Vet2Vet Support Group weekly 2:30-3:30pm CVT w/BCVA (Russell Bell), see Mr. Moorehead, Mr. Nichols
- VHA Peer Support Training/Educ. Group weekly 3:30-4:30pm (CVT from BCVA-Russell Bell) Mr. Nichols and Mr. Moorehead

Tuesday:

- DBT Skills Group (Women's Section) - 10:00-11:30am – Dr. Mallis and Dr. Mull (Closed Group)
- Late Life Adjustment (Primarily Vietnam Era Veterans) 1:00-2:30pm 1st and 3rd, Tuesday Mr. Moorehead and Mr. Nichols

Wednesday:

- *PTSD First Treatment PTSD 9-10:30 Weekly Dr. Sage-Germain
- DBT Skills Group (Men's Section) - (accepting referrals) 9:30-11am– Dr. Henderson and Dr. Bruce Fowler (Closed Group)
- *PTSD Support Group 10:30-12 1st & 3rd Wed. Mr. Nichols and Mr. Moorehead
- *PTSD Group For Couples 4:30-6pm Dr. Henderson 1st Wed. **Start date December 5, 2018**
- *Life Skills Recovery Group (SUD) weekly (*HCHV-620 Century St.*) 11am-12noon
- CPT Alumni group 1-2:30 Mr. Young - CLOSED (1st and 3rd)
- Living Beyond Pain Group (8 week series) 1:00-2:30pm – (Contact ext: 32612 or 33865)
- Strength at Home Group (12 week series) 2:00-4:00pm (Alison Mencarelli-Prog. Coord.) Dr. Mallis & Dr. Henderson **Start date TBD**
- PTSD group 5-6:30pm 2nd & 4th Wed Mr. Moorehead

Thursday:

- Anger Management Educational Group – (8 week series) 8:30-10:00am (Closed) Mr. Nichols
- *Anger Management Support Group – 2nd & 4th Thur 10:30-Noon Mr. Moorehead
- *PTSD support group 1^s & 3rd Thursday 1-2:30 Mr. Nichols and Mr. Moorehead

Friday:

- * Substance Use Disorder (SUD) group weekly 9:00-10:00am - Mr. Stacey
- *Peer Support Group weekly (*HCHV-620 Century St.*) 11:30-12:30 pm

***Notes that group is open (walk-in)**

(over)

Walk-In Groups (updated 3/13/2019)

Monday:

- *Wellness Recovery Group weekly 8:30am-10am Mr. Nichols and Mr. Moorehead
- * Substance Use Disorder (SUD) Group weekly 2:00 - 3:00pm Mr. Stacey
- * Vet2Vet Support Group weekly 2:30-3:30pm CVT w/BCVA (Russell Bell), see Mr. Moorehead, Mr. Nichols

Tuesday:

- * Late Life Adjustment (Primarily Vietnam Era Veterans) 1:00-2:30pm 1st and 3rd, Tuesday Mr. Moorehead and Mr. Nichols

Wednesday:

- *PTSD First Treatment PTSD 9-10:30 Weekly Dr. Mallis
- *PTSD Support Group 10:30-12 1st & 3rd Wed. Mr. Nichols and Mr. Moorehead
- *Life Skills Recovery Group (SUD) weekly (**HCHV-620 Century St.**) 11am-12noon
- *PTSD Group For Couples 4:30-6pm Dr. Henderson 1st Wed. Start date December 5, 2018

Thursday:

- *Anger Management Support Group – 2nd & 4th Thur 10:30-Noon Mr. Nichols and Mr. Moorehead
- *PTSD support group 1st & 3rd Thursday 1-2:30 Mr. Nichols and Mr. Moorehead
- 1st and 3rd Thursday: One-time required Orientation @1:30 prior to class (call x30561 to schedule)

Friday:

- * Substance Use Disorder (SUD) Group weekly 9:00-10:00am - Mr. Stacey
- *Peer Support Group weekly (**HCHV-620 Century St.**) 11:30-12:30 pm