

Community Health & Wellness Expo

The City of Wyoming is hosting its first annual Community Health & Wellness Expo on Saturday, March 5 from 1-3 p.m at the Wyoming Senior Center, 2380 DeHoop Ave SW. Local businesses, clubs and organizations will host tables and hand out samples, coupons and other goodies. Fitness demos, nutritious snacks, speakers, health screenings and dancing will all be part of the fun.

All ages are welcome at this free community event. The first 100 families through the door will receive a special gift.

"Spring is a great time to focus on health and wellness," said

Rebecca Rynbrandt, director of community services for the City of Wyoming. "This event will inspire community members to prioritize their well-being and connect them to local resources. The Health & Wellness Expo will give families and individuals the perfect opportunity to explore, sample and try new things."

The 2016 Health & Wellness Expo is sponsored by the City of Wyoming Parks and Recreation Department, Gastroenterology Associates of Western Michigan and Metro Health Hospital.

The City of Wyoming Parks and Recreation Department is

committed to creating community through people, parks and programs by providing services, facilities and activities for the citizens of Wyoming and the greater metropolitan area.

For more information about other Parks and Recreation special events or programs, please contact us at 616-530-3164 or parks_info@wyomingmi.gov or visit www.wyomingmi.gov.



MAYOR'S Message



Health and wellness are important aspects of a happy community. In Wyoming, we are fortunate to have many organizations that contribute to our residents remaining in good health.

One of these organizations is of course Metro Health Hospital, which came to our community in 2007. Metro Health continues to provide care to improve the well-being of our neighbors and our community.

Another organization that supports the welfare of our community is the Cherry Health Wyoming Community Health Center, at 2929 Burlingame Ave. SW. Here, Wyoming residents can receive medical and dental services, and health insurance enrollment assistance. There are many other organizations that work to protect our residents' health. If you are interested in learning more about healthcare resources, consider attending the first annual Community Health & Wellness Expo on Saturday, March 5 from 1-3 p.m at the Wyoming Senior Center. You may also choose to donate blood at an upcoming MIBlood drive at City Hall. Keeping yourself healthy is a prerequisite for being informed about and involved with our community.

Mayor Jack A. Poll

Seasonal Hiring in the City of Wyoming

Do you know someone looking for seasonal employment during the upcoming spring and summer seasons?

The City of Wyoming is looking for dependable, hard-working seasonal employees in the public works, utilities and parks and recreation departments.

Open positions will be posted on the City's website and applications will be accepted online. The City encourages you to apply and share this information with friends and family members who may wish to work for the City.

Contact the human resources department at 530-7241 for additional information.

News Briefs

COMMUNITY SERVICES

DISCOUNTED GO! BUS TICKETS are available for seniors in our community. The City of Wyoming partners with the Area Agency on Aging of West Michigan and the Interurban Transit Partnership, or ITP, to offer these discounted tickets. Individuals approved by the ITP to ride the Go! Bus can then apply to receive discounted tickets. Those accepted into the program may be eligible for up to 30 discounted tickets per month. Eligibility is based on age, county of residence, income and vehicle status. For more information or to apply, call 530-7226.

PARKS AND RECREATION

A MOTHER SON BOWLING NIGHT at 5 p.m. on Saturday, March 5 will include three games of bowling, pizza, pop and plenty of fun for \$12 per participant. The event will be held at Park Center Lanes, 2222 28th St. SW. Pre-registration is required. Call 530-3164 or visit wyomingmi.gov/preregistration to register.

MICHIGAN BLOOD

BLOOD DONORS make a lifesaving difference. You may be eligible to give blood if you are a healthy person age 17 or older (or 16 with the consent of a parent or guardian), weighing 110 pounds or more. MI Blood blood drives take place at Wyoming City Hall, 1155 28th St. SW. from 8 a.m. - 1 p.m. Drives will be held on Tuesdays, Feb. 9, April 12, June 4 and July 12. Drives will also be held on Wednesdays, Aug. 17, Oct. 19 and Dec. 21. Donors must sign in and present a photo identification or two forms of non-photo ID. Donors who are 16 years old will also need to present a parental consent form.

PUBLIC SAFETY

CAR SEAT INSPECTIONS will be available Thursday, Mar. 10 and Thursday, April 14 at Wyoming Fire Station #1, 1500 Burton St. SW from 5 to 8 p.m. Pre-registration is required. To register, call Safe Kids of Greater Grand Rapids at 391-7233, ext. 2.

WYOMING HISTORICAL COMMISSION

ARE YOU A HISTORY BUFF? Interested in learning more about Wyoming's history? Check out the Wyoming Historical Commission's Facebook page at facebook.com/wyoming.historyroom.

LIBRARY

ADULT BOOK CLUB is a friendly, informal discussion on the third Tuesday of each month at 6:30 p.m. in the Conference Room. The March selection is "Orphan Train," by Christina Baker Kline.

FREE TAX ASSISTANCE – IRS-certified student volunteers will prepare and electronically file taxes free of charge for individuals whose annual income falls below \$52,000. Volunteers will be available at the Wyoming branch from 2 to 6 p.m. on Tuesdays and from 10 a.m. to 1 p.m. on Saturdays through April 11. This program is sponsored by the Volunteer Income Tax Assistance Program. For more information or to schedule an appointment, please call 871-6147 or visit taxhelp.davenport.edu.

For further details on these and the library's many other programs, stop in the library to pick up a program guide, check out the Library's website at kdl.org or call 784-2007.

Telephone Numbers

Mayor's Office	530-7227
City Manager.....	530-3173
City Clerk	530-7296
Police Department.....	530-7300
Fire Department	530-7250
Public Works.....	530-7260
Utilities	261-3550
Planning & Community Development.....	530-7258
Parks & Recreation.....	530-3164
Building Inspections.....	530-7285
Assessor	530-7231
District Court.....	257-9814
Treasurer	530-7280
Utility Billing.....	530-7389
Wyoming Senior Center.....	530-3190
Wyoming Public Library.....	784-2007

Meetings

City Council Meeting | on the first and third Mondays of the month at 7 p.m. at City Hall in Council Chambers.

City Council Work Sessions | on the second Monday of the month at 7 p.m. at City Hall in Council Chambers.

Planning Commissions Meetings | on the third Tuesday of the month at 7 p.m. at City Hall in Council Chambers.

Zoning Board Of Appeals | on the first and third Monday afternoons of the month at 1:30 p.m. at City Hall in Council Chambers.

Parks & Recreation Commission | on the second Wednesday of every month at 7 p.m. at City Hall in the West Conference Room

Wyoming City Council

- Jack Poll, Mayor
- Sam Bolt, Mayor Pro tem,
- Council Member-at-Large
- Dan Burrill, Council Member-at-Large
- Kent Vanderwood, Council Member-at-Large
- Bill VerHulst, 1st Ward Council Member
- Richard K. Pastoor, 2nd Ward Council Member
- Joanne Voorhees, 3rd Ward Council Member

Reach Us Online

- www.wyomingmi.gov
- www.twitter.com/WyomingCityHall
- www.facebook.com/cityofwyoming
- www.linkedin.com/company/city-of-wyoming-mi