

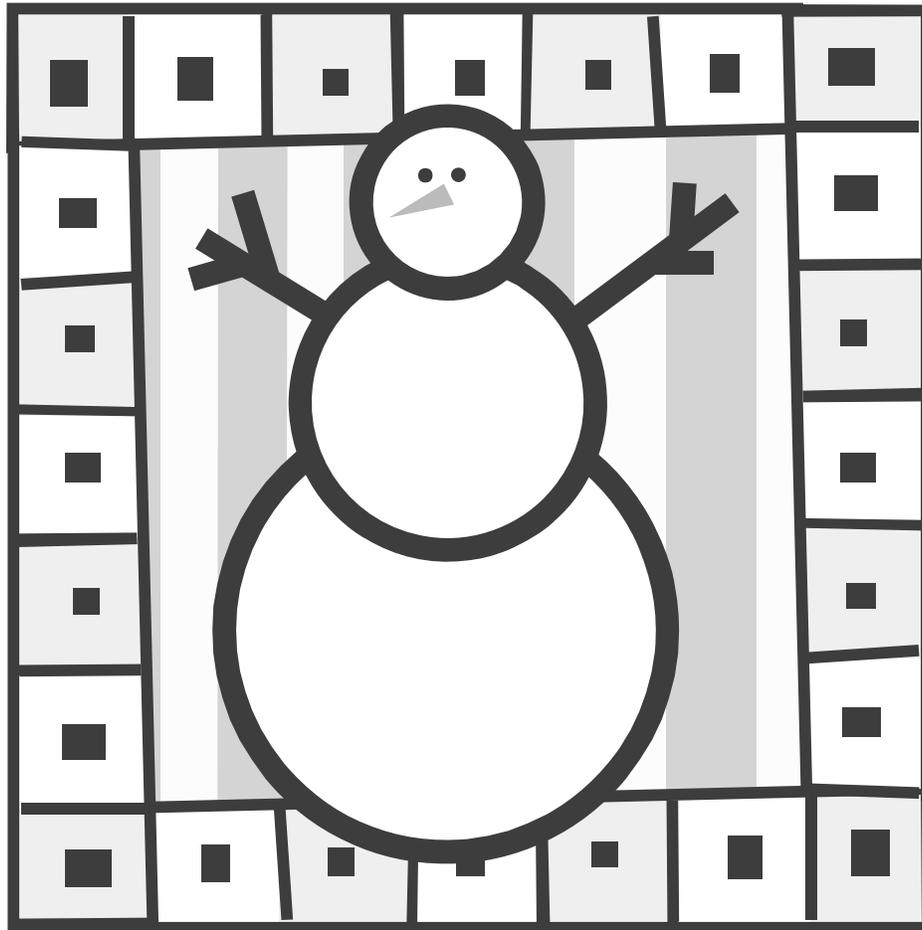
Wyoming Senior Center

The Bi-Monthly Publication for Persons Age 50 and older

*The Wyoming Senior Center is supported by the City of Wyoming Parks & Recreation Department
and the Wyoming Senior Fellowship Club, Inc*



January/February 2011



2380 DeHoop SW
Wyoming, MI 49509

Phone—616.530.3190
Fax—616.261.3599

www.wyomingmi.gov
www.wyomingseniorcenter.blogspot.com
mywsc@wyomingmi.gov

Coming Soon - FREE WIFI at the WSC!

Hours of Operation

Monday thru Thursday, 7 am—5 pm

Saturday, 8 am—3 pm

Potluck

Our monthly potlucks are held on the second Thursday of each month. Shirley Eckert and Pat LaCombe have stepped up to chair the January potluck and will prepare meatloaf for the main dish.

The February meal will be chaired by Brian Tait, Wilma Maldag and Mary Kotrch and they will serve Swiss Steak.

Participants should bring a dish to pass. Persons last name A-M please bring a **hot** dish, N-Z a **cold** dish for January, and the opposite for February. Please **DO NOT** bring desserts.

Please remember to bring your own table service for this event. **Pre-registration is required.**

Date:.....January 13

February 10

Time:.....5:00 p.m.

Cost:.....\$2.00 - FC Members

\$3.00 - Non-members

Deadline:.....Jan. 11 @ 5 pm

Feb. 8 @ 5 pm

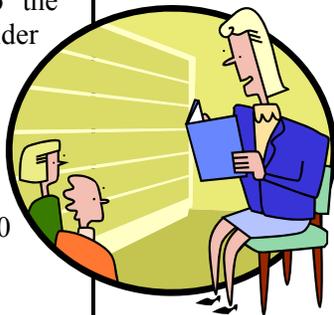
Godfrey Lee ECC Reading Program

The WSC will continue its partnership with the Godfrey Lee Schools to read to its 2nd graders. Approximately 25 students travel to the WSC to participate in the reading program. The children break up into small groups and rotate among our volunteer readers, listening to the various stories. Please consider becoming a volunteer reader.

Dates:January 10, 24, 31

Time:.....1:00 p.m. – 2:00 p.m.

Location:...WSC auditorium



Reverse Mentoring

Do you need help with your cell phone, digital camera, or laptop? Would you like to set up a Facebook or email account? Want to learn how to look up information online?

If you answered yes to any of these questions Reverse Mentoring is for you. Come to the WSC to have your technology problems resolved by our tech savvy teens. Members of Wyoming Parks & Recreation's Teen Council will be at the WSC once a month to offer a helping hand. Bring your cell phones, digital cameras, laptops and questions. We will have desktop computers available for use.



Date..... January 8 & February 12

Day..... Saturdays

Time..... 1 - 3 pm

Location ... WSC Computer Lab

Fees Free

Eligibility/Age .50+

Valentine Pizza Party



Celebrate your Valentine Day by joining us for a tasty pizza lunch! Once you are nice and full, skip the nap and stick around for some more fun. Bunco will be hosted by some of your own Fellowship Club Members.

Date Monday, February 14

Time 12:00 pm

Fees..... \$3 FC member

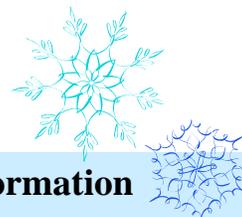
\$5 Non-member

\$1 to play Bunco

Deadline 2/9/11

Eligibility/Age 50+

Maximum: 125



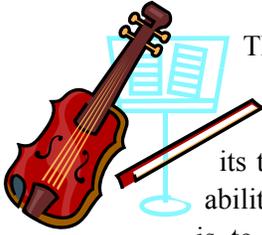
WSC Snow Day Information

If the Wyoming Senior Center is closed due to inclement weather, you will be able to find updates on WOOD TV 8 or WZZM 13.

If you are unsure if the Wyoming Senior Center is open and would like to call us, please call the **Cancellation/Closing Line at (616)530-3187**. You can also find information at www.wyomingmi.gov under the news and update section. We also will be updating our Facebook Page.

Grand Rapids

Symphonette in Concert



The Grand Rapids Symphonette is well known for its talent and musical ability. Their mission is to bring the joy of

classical music out into the community. Selection for the evening will be chosen out of a varied repertoire including patriotic selections, traditional concertos, marches and classical soloists.

Date Wed. - March 30, 2011

Time.....7:30 pm

Location... Wyoming Senior Center:

Fees.....FREE

Pancake Breakfast

Brought to you by students from Godfrey-Lee Middle School, breakfast will be served to your table by the students from Godfrey-Lee. All proceeds from the event will go toward the Field Trip Scholarship Fund at Godfrey-Lee Middle School. The students are really looking forward to the opportunity to make this event special for everyone in attendance, so don't miss out on a chance to enjoy a great breakfast and contribute to a good cause!

Date Thursday - March 3, 2011

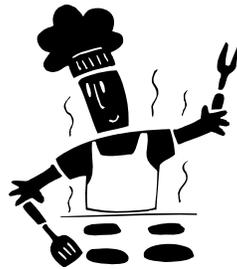
Times..... 9:30 am

Fees \$2—FC member

\$3.50—Non-Members

Deadline 2/24/11

Eligibility/Age 50+



Spring Fling

Come alone or bring a date. We will partner with the students from Wyoming Park High School Student Council to bring you an evening of fun and dancing.

Our live entertainment will get you on your feet!

Date Friday, March 25, 2011

Times..... 7:00 pm

Fees \$5 FC Member

\$7.50 Non-Member

Deadline 3/17/11

Eligibility/Age....50+



VOLUNTEER OF THE MONTH (VOM)



Beginning in 2011, we will be celebrating our devoted Wyoming Senior Center volunteers by honoring one Volunteer per month. To be our Volunteer of the Month (VOM) you must be a Fellowship Club Member in good standing. Volunteers must be nominated by their peers for the position of Volunteer of the Month. **Nomination forms are available by the Volunteer hours book and must be turned into the WSC staff no later than the 20th of the month.**

While you are Volunteer of the Month, you will be entitled to free beverages in the Coffee Shop during the entire month that you are the VOM. You will also receive FREE admission to the monthly potluck. If it is a non-potluck month (Nov. or Dec.) you will receive a Fellowship Club Gift Certificate of equal value to put toward a future event.

The Volunteer of the Month will be acknowledged on the Lobby display, in the bi-monthly newsletter, at the Volunteer Center and the Fellowship Club display board in the auditorium. Thank you all for everything you do. Don't forget to nominate one of our very deserving volunteers.



Casino Trips

Soaring Eagle Casino

Thursday, February 3, 2011

8:30 am Departure

You get \$20 in premium play and
\$5 Food Coupon



Fire Keepers Casino

Monday, April 18

8:30 Departure

Cost: \$30 per person

Direct Coach Ride Departs from
Wyoming Senior Center



Call the WSC at 616.530.3190
for package information.

AARP Tax Assistance

Volunteers from the American Association of Retired Persons (AARP) will again offer tax preparation assistance to our area older adults on Monday and Wednesday afternoons, February through April.

We will begin taking appointments on January 3, 2011. To schedule your appointment, call the Wyoming Senior Center at 616- 530-3190.



Social Bowling League

Our league is designed for fun and recreation with only individual statistics tracked. This is a social league. Participants will draw lanes each week to ensure play with other league members. League play includes special holiday events and end of season tournament.

DateSeptember 9, 2010 – April 2011

DayThursday

Duration.....30 weeks

Times.....12:45 p.m.

Location.....Park Center Lanes

Fees.....\$7.50—Activity Fee
\$5.00—Resident Discounted Fee

Eligibility/Age..50+

Note: Weekly lane fees paid to Park Center Lanes.



Line Dance



Fees 10 Week Session: \$28 Activity Fee / \$18.50 Resident Discounted Fee
 13 Week Session: \$36 Activity Fee / \$24 Resident Discounted Fee

Deadline 12/28/10

Beginner Level 2~ This class requires some knowledge of basic Line Dance steps such as the vine, step-touch, shuffle and diagonal forward and back.

Beginner Level 2

| DATES | DAY | TIME | DURATION | AGE | ACTIVITY NO. | SECTION |
|----------------|-----------|---------------|----------|-----|--------------|---------|
| Jan 5—Mar 9 | Wednesday | 9:00—10:00 am | 10 Weeks | 50+ | 140306 | 00 |
| Mar 23—June 15 | Wednesday | 9:00—10:00 am | 10 Weeks | 50+ | 240306 | 00 |

Intermediate ~ This class will teach you more steps and will add speed and intricacy.

Intermediate

| DATES | DAY | TIME | DURATION | AGE | ACTIVITY NO. | SECTION |
|----------------|-----------|----------------|----------|-----|--------------|---------|
| Jan 5—Mar 9 | Wednesday | 10:10-11:10 am | 10 Weeks | 50+ | 140307 | 00 |
| Mar 23—June 15 | Wednesday | 10:10-11:10 am | 10 Weeks | 50+ | 240307 | 00 |

Square Dancing

Polish up your boots and sharpen those spurs and join in on one of today's enjoyable forms of social dancing...Square dancing! Square dancing is a fun and healthy exercise where you'll work up a smile instead of a sweat. So hurry up and Do Si Do on down and register to get your boots a scootin'!

Fees 6 Week Session: \$21 Activity Fee / \$14 Resident Discounted Fee
 8 Week Session: \$28.50 Activity Fee / \$19 Resident Discounted Fee

| DATES | DAY | TIME | DURATION | AGE | ACTIVITY NO. | SECTION |
|--------------|----------|--------------|----------|-----|--------------|---------|
| Jan 6—Feb 10 | Thursday | 6:00—7:00 pm | 6 Weeks | 18+ | 140309 | 00 |
| Mar 10—May 5 | Thursday | 6:00—7:00 pm | 8 Weeks | 18+ | 240309 | 01 |

Tap & Jazz



Fees: \$51 Activity Fee / \$34 Resident Discounted Fee

Level I—This class is great for the beginner or the dancer who has taken the class once before. The class includes simple stretches and jazz moves and develops tap techniques and routines.

| DATES | DAY | TIME | DURATION | AGE | ACTIVITY NO. | SECTION |
|----------------|----------|----------------|----------|-----|--------------|---------|
| Jan 8—Mar 12 | Saturday | 10:45—11:45 am | 10 Weeks | 18+ | 140303 | 00 |
| Mar 26—June 11 | Saturday | 10:45—11:45 am | 10 Weeks | 18+ | 240303 | 00 |

Level 2—This class continues to build on the principles of the Level I class. We will increase the tempo and introduce a variety of moves for your enjoyment.

| DATES | DAY | TIME | DURATION | AGE | ACTIVITY NO. | SECTION |
|----------------|----------|---------------|----------|-----|--------------|---------|
| Jan 8—Mar 12 | Saturday | 9:30—10:30 am | 10 Weeks | 18+ | 140304 | 00 |
| Mar 26—June 11 | Saturday | 9:30—10:30 am | 10 Weeks | 18+ | 240304 | 00 |

Ceramics

Learn about the latest techniques for cleaning, painting and firing greenware. Basic paints, clay-bodies, and concepts will be provided. Participants must provide their own brushes. Greenware and glazes may be purchased from the instructor.

Fees: \$52.50 Activity Fee / \$35 Resident Discount Fee

Deadline: 12/27/10



Tuesday Afternoon

| DATES | DAY | TIME | DURATION | AGE | ACTIVITY NO. | SECTION |
|----------------------|---------|----------|----------|-----|--------------|---------|
| January 4—February 8 | Tuesday | 12 —3 pm | 6 Weeks | 18+ | 140301 | 01 |
| February 22—March 29 | Tuesday | 12 —3 pm | 6 Weeks | 18+ | 240301 | 01 |

Tuesday Evening

| DATES | DAY | TIME | DURATION | AGE | ACTIVITY NO. | SECTION |
|----------------------|---------|--------|----------|-----|--------------|---------|
| January 4—February 8 | Tuesday | 6—9 pm | 6 Weeks | 18+ | 140300 | 01 |
| February 22—March 29 | Tuesday | 6—9 pm | 6 Weeks | 18+ | 240300 | 00 |

Wednesday Evening *No class on November 24.*

| DATES | DAY | TIME | DURATION | AGE | ACTIVITY NO. | SECTION |
|----------------------|-----------|--------|----------|-----|--------------|---------|
| January 5—February 9 | Wednesday | 6—9 pm | 6 Weeks | 18+ | 140300 | 02 |
| February 23—March 30 | Wednesday | 6—9 pm | 6 Weeks | 18+ | 240300 | 01 |



Art Classes



Fees: \$55.50 Activity Fee / \$37 Resident Discount Fee

Deadline: 1/10/11

Drawing with Transparent Color ~ Wax-Based Colored Pencils

This is a continuation from previous classes but we're always open to newcomers. We will continue to work on various techniques for using this versatile media. To start with, we'll all work from the same photos and hopefully move towards student sketching from their own photos or still-life arrangement. For those who aren't confident in freehand drawing, we can photocopy and trace your photos.

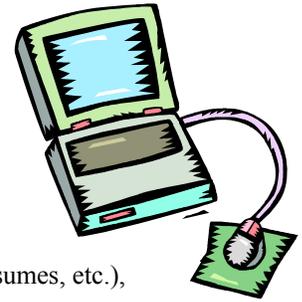
| DATES | DAY | TIME | DURATION | AGE | ACTIVITY NO. | SECTION |
|------------------------|--------|--------------|----------|-----|--------------|---------|
| January 17—February 21 | Monday | 2:00—4:00 pm | 6 Weeks | 18+ | 130903 | 01 |

Watercolor II ~ Paint It, Splash It

This is a continuation from our class earlier in the year, but we're open to new beginner- and intermediate-watercolor students. We will begin with all of us painting from the same photos. From there, students will be encouraged to bring their own. For those who aren't confident in freehand drawing, we can photocopy and trace your photos.

| DATES | DAY | TIME | DURATION | AGE | ACTIVITY NO. | SECTION |
|------------------------|--------|--------------|----------|-----|--------------|---------|
| January 17—February 21 | Monday | 6:00—8:00 pm | 6 Weeks | 18+ | 130904 | 01 |

Computer Classes



Fees..... \$54 Activity Fee/ \$36 Resident Discounted Fee

Age..... 18+

Intro to Microsoft Office— Learn how to use Microsoft Word to write and manage documents (letters, resumes, etc.), and Microsoft Excel to help analyze numbers (household budgets, for instance).

| DATES | DAY | TIME | LOCATION | DURATION | DEADLINE | ACTIVITY NO. | SECTION |
|--------------|---------|---------|----------|----------|----------|--------------|---------|
| Mar 1-15 | Tuesday | 9-11 am | WSC | 3 weeks | 2/22/11 | 140312 | 02 |
| Apr 25-May 9 | Monday | 6—8 pm | WSC | 3 weeks | 4/18/11 | 240313 | 00 |

Intro to Computers— Learn the basics of using your computer, connecting to the internet, finding information, and sending e-mail.

| DATES | DAY | TIME | LOCATION | DURATION | DEADLINE | ACTIVITY NO. | SECTION |
|---------------|---------|---------|----------|----------|----------|--------------|---------|
| Apr 26-May 10 | Tuesday | 9-11 am | WSC | 3 weeks | 4/18/11 | 240310 | 01 |

Staying Safe on the Web* — Learn about spam, scams, viruses, and other threats from the internet, and how to avoid them with good passwords, good security, and safe browsing.

| DATES | DAY | TIME | LOCATION | DURATION | DEADLINE | ACTIVITY | SECTION |
|---------------|-----------|--------|----------|----------|----------|----------|---------|
| Jan 12-26 | Wednesday | 6-8 pm | WSC | 3 weeks | 1/5/11 | 140320 | 00 |
| Apr 27-May 11 | Monday | 6-8 pm | WSC | 3 weeks | 4/18/11 | 240320 | 01 |

Fees..... \$18 Activity Fee/ \$12 Resident Discounted Fee

Age..... 18+

Social Networking* — Are your friends and family on Facebook? Would you like to be, too? Find out what social networking is all about and how to use it.

| DATES | DAY | TIME | LOCATION | DURATION | DEADLINE | ACTIVITY NO. | SECTION |
|--------|----------|---------------|----------|----------|----------|--------------|---------|
| Jan 20 | Thursday | 6:00-8:00 pm | WSC | 1 week | 1/13/11 | 140322 | 01 |
| Mar 17 | Thursday | 9:00-11:00 am | WSC | 1 week | 3/10/11 | 140322 | 02 |

Shopping* — Learn how to find reliable products, well-written reviews, and trustworthy sellers on the internet.

| DATES | DAY | TIME | LOCATION | DURATION | DEADLINE | ACTIVITY NO. | SECTION |
|--------|----------|--------------|----------|----------|----------|--------------|---------|
| Feb 17 | Thursday | 6:00-8:00 pm | WSC | 1 week | 2/10/11 | 140321 | 00 |

*** A basic understanding and comprehension of computer use and management is recommended for this course.**

Computer Classes—Working with Cameras and Digital Photos

Still have photos on that camera card from last Christmas? Learn how to get your photos from the camera to the computer, edit them, turn them into a slideshow movie and even have fun with printing projects! We have developed a curriculum around user friendly software. Our instructors are patient and take care to ensure that all participants learn the material in a comfortable environment free of intimidation.



These classes will be taught by Brent, an instructor certified by Instructor Gadget, LLC.

Activity Fee: \$19.50 Resident Discounted Fee: \$13

Editing Your Photos

We will learn the basics of editing in the Windows Live Photo Gallery, such as how to adjust the exposure and color settings, crop and straighten, fix red eye and create amazing panoramic photos. *No camera necessary.*

January 27 10 -11 am

February 19 12—1 pm

Organizing Your Photos

We will first learn how to transfer the photos from your camera's memory card to the computer. Then we will learn several different ways to organize your photos efficiently so that you can find them at a later date. We'll also look at viewing them in a slideshow and talk about printing online. *No camera necessary but feel free to bring your camera and memory card if you would like to.*

January 22 12—1 pm

February 8 10—11 am

Printing Projects using Snapfish

We will learn how to create all kinds of different projects online and then have them printed and shipped to your house. We will look at how to upload photos to Snapfish.com so you can create your very own greeting cards, calendars and photo books. Come back to Open Lab later to work on your very own project and have it printed and delivered by Christmas! *No camera necessary.*

February 15 5:30—6:30 pm



Basic Camera Settings

Did you get a new camera for Christmas but you're still not sure how to use it? We'll learn how to use the camera's basic settings for taking photos of landscapes, up close, and at night among others. *Bring your camera. *Notes this class is designed for beginners with simple point and shoot digital cameras. We will not be covering how to use SLR or professional cameras nor will we be looking at photo composition.*

January 4 10 – 11 am

January 6 6 – 7 pm



Emailing Photos / Uploading to an Online Album

We will learn at how to easily email photos directly from the Windows Live Photo Gallery. Then we will learn how to upload photos to an online album so they can be shared with friends and family. No camera necessary.

February 3.....10 – 11 am



Booking Vacations Online

Want to save money booking your own vacation? We will learn how to use some of most popular travel websites in order to book flights, make hotel reservations and research vacation destinations.

January 11 5:30 – 6:30 pm



The Stepping Stones program is an in-home recreation therapy program serving older adults 60 years or better who reside in Kent County. The older adults must be considered homebound meaning they only leave their home for religious or medical reasons. The Stepping Stones program has served over 800 older adults and is proud to serve those who truly need recreation therapy services. The Kent County Senior Millage fully funds the Stepping Stones program and allows participants to receive services at little to no cost. Many clients have benefited from personal exercise programs, transportation training, leisure resources and education, aquatic therapy, adaptive equipment instruction, and community outings. For more information please contact the Wyoming Senior Center at 530-3190.

Fitness Groups

The “Forever Fit” and “Sweet and Low” fitness groups meet for multiple weekly work-outs. There are no fees associated with the fitness groups, but you must register for either or both groups if you are going to participate.

Forever Fit Monday & Thursday
10—10:45 a.m.

Twin Pines Room
Saturday
10—10:45 am

Sweet/Low Tuesday & Thursday
10:30-11:15 a.m.

Auditorium
Saturday
11—11:45 am



Attention Snowbirds

Are you headed to Florida, Arizona, New Mexico, Texas, etc. for the winter? Would you like to know what is going at the Wyoming Senior Center while you're gone? Make sure that you read our blog throughout the winter months; www.wyomingseniorcenter.blogspot.com. You can also become a fan of the Wyoming Parks and Recreation Department on facebook. Our facebook page will not only cover information regarding the Center, but youth, adult and family programs as well. Just go to www.facebook.com, become a member and click “like” on the Wyoming Parks and Recreation Department page. By “liking” us you will receive updates whenever we update our status and information .



Lunch Has Never Tasted So Good!



If you haven't joined us for an SMP lunch, you are really missing out! The new & improved lunch program provided by the Senior Meals Program, Inc. is receiving rave reviews! The newest addition of the salad bar to every meal has really been a tasty enhancement to the hot lunches that are served.

Some of our member's favorite dishes have been the baked potato bar, chicken cordon bleu, Alaskan stuffed salmon, liver & onion and roasted turkey. There are many more meals for you to try and claim as your favorite!

You will be impressed with the meal you are receiving at such a reasonable price! Over 60 years \$2.00 and under 60 years \$3.50. Grab a menu (available in front lobby), see what you like, and sign up in the kitchen. You will not be disappointed!

We ask that you reserve your spot 2-3 days in advance. You can either sign up in the kitchen or call 616.726.1274 to reserve your spot.

Lunches are served, Monday, Tuesday and Thursday at 11:30 a.m.

Special Saturday lunches will be held on January 22 and February 19 at 12:15 pm. Call (616)726-1274 for details.

Cards & Clubs

| Activity | Description | Day | Time | Room |
|------------------|--|------------------------|----------|------------------|
| Swedish Weaving | Contact office for supply list | Monday | 10:00 am | Craft Room |
| Bible Study | Non-Denominational | 1st & 3rd Monday | 11:15 am | Library |
| Pinochle | | Monday | 1:00 pm | Twin Pines East |
| Set Back | | Monday | 1:00 pm | Twin Pines West |
| Hand & Foot | | Monday | 1:00 pm | President's Room |
| Duplicate Bridge | Partner Required | Tuesday | 9:30 am | Twin Pines West |
| Pedro | | Tuesday | 10:00 am | Twin Pines East |
| Cribbage | | Tuesday | 12:45 pm | Twin Pines West |
| Reading Club | | Tuesday, January 4 | 10:00 am | Library |
| Rubber Stamping | Stamps, inks, etc. available for use. Call for fee info. | 1st Wednesday of month | 10 am | Craft Room |
| Wood Carvers | Bring own tools and wood | Wednesday | 1:00 pm | Ceramics Room |
| Skip Bo | | Thursday | 10:00 am | President's Room |
| Painting | Bring own project | Thursday | 1:00 pm | Craft Room |
| Euchre | | Thursday | 1:00 pm | Twin Pines |
| Euchre | Progressive | Saturday | 12 Noon | Twin Pines |
| Set Back | | Daily, Mon.—Thur. | 12 Noon | Pool Room |

FELLOWSHIP CLUB ELECTIONS 2011

The annual Fellowship Club elections are coming up on May 3, 2011. The Nominations Committee is working diligently to recruit members to run for various elected positions. Ideally we would like to have 2-3 people running for each seat. All positions are a 2 year commitment. Positions to be filled are:

President

Vice President

Secretary

Treasurer

Assistant Secretary

Assistant Treasurer

(3) General Activity Committee seats

(2) Financial Committee seats

Running for an elected position is a great opportunity to become more involved in your Fellowship Club and play a key role in shaping the Club's future! If you are interested in running, or know somebody else that might be, please contact a Club officer, Activity Committee member, or a staff person.

**** SPECIAL ELECTIONS ~ JANUARY 25 ****

A special election will be held on **Tuesday, January 25, 2011** from 10am – 1pm. *We will be voting on amending the Fellowship Club By-Laws to allow absentee ballot voting in Fellowship Club Elections held at the Wyoming Senior Center (WSC).* Currently absentee voting is not allowed.

Exact wording for the ballot will be available and posted January 10. Please review this information before casting your vote on January 25. Bring your membership card.

Fellowship Club Member Information



New Club Members

| | | |
|-------------------|-------------------|-----------------|
| Paul Gerndt III | Lola McLanis | Carol Hawkins |
| Cynthia Melinn | Judy Wensink | Phyllis Nystrom |
| Pamela Mathieu | Nancy Zondervan | Anna McBride |
| Judy McLeod | Florence Zurawski | Howard McBride |
| Ronald Irons | Carol Eaves | Ed VanHooren |
| Linda Irons | Leilah Madden | Sara Flint |
| Dolores Weichhand | De Stipe | Deanna Hineline |
| Fred Colligan | Glenn Hale | Betty Lewis |
| Sue Colligan | Mary Hale | Tony Loppicclo |
| Betty Duimstra | Lincoln Hamilton | Pearl Loppicclo |
| Marie Vlieg | Don Evans | Jim Flak |

Recently Deceased

| | |
|---------------------|----------------------|
| Ila Hoffman | Jerrine VanSplintern |
| Elizabeth Weiderman | Dorothy Bos |

Membership

has its Advantages!

- ▶ *Discounted Program Fees*
- ▶ *Voting Rights*
- ▶ *Name in newsletter for birthday/ anniversary*
- ▶ *FREE coffee and donut the week of your birthday w/ current membership*
- ▶ *Encouragement when you are ill*
- ▶ *MORE!*

JOIN or update your membership today for only \$6.00 per year!

Club Meetings

General business meetings for the Fellowship Club takes place the 2nd Tuesday of every month at 12:30 pm in the Auditorium.



The **Activity Committee** for the club meets weekly on Tuesdays at 9:30 am. These are open meetings that any member is welcome to attend.

Membership Referral Program

Have you told your friends about us lately? Every time you refer someone to the Fellowship Club and they sign up as a New Member, your name will be entered into a quarterly drawing to win a \$25 gift certificate to a local business. You must be a member in good standing to have your name entered into the drawing. Fellowship Club members will be allowed to have their name entered into the drawing multiple times. One for each person that they refer. Drawing will be held March 31, June 30, Sept. 29 & Dec. 28.

NEW!

SLOWING DOWN

by Penelope Clarke Coble

I have come to the place
And the time in my life,
Where my mind can do more
Than I can.

It's a sorrowful state
That my mind just negates
This fact, when I am making
A plan.

When painting a room
That should take until noon
It takes the whole day,
Maybe more.

Or my dinner guests wait
For their meal (that is late),
For my steps are not quick
As before.

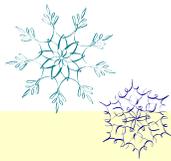
Tending luncheons; the girls
That at noon have reserved,
A table at some tiny
Space.

Leaves me frazzled, I swear,
Before I get there,
Thus preferring my bed
To the place.

To resolve all this stress,
I'm proposing I dress,
In a leisurely
Way;

On the PREVIOUS day
Then attend the
Suave luncheon
The NEXT.





HAPPY BIRTHDAY!



JANUARY

| | | | | | | | |
|---|---|----|--|----|--|----|--|
| 1 | Louise Carpenter Thelma Dryer Arnold Erickson Genevieve Warner | 9 | Pete Patterson Joseph Platt Ed Spang Sandra VanBeek Jerome Cepela Gordon Curtis Lois Danielson Elmer DenBraber Ted Simons Erasmus Orcasitas | 15 | Pamela Mathieu | 24 | Nancy Hockstra Isabel Smits Anne Stoub Bill Yeomans |
| 2 | Mary Civils Phyllis Erlandson Marian Hunkins | 10 | Eleanor Noordhoek Harry Vogel Mary Wash | 16 | Darlene Archambeau Sue Ellens Kathleen Nyman Lyle Russell | 25 | Marion Bosserman Wilma Johnson Earl Notenbaum Bobbie Weaver |
| 3 | Gerry Arthur Gary Knowles | 11 | Alfredo Canero Barbara Hoover Cheri Levandowski Don Schooley | 17 | Helen Allers Teresa Merrow David Perez Brian Tait Phyllis Timm | 26 | Connie Hess Gloria Kenzie Mary O'Connor Ellis White |
| 4 | Marie Hopkins Mary Ann Telgenhoff Marie Workman Winifred Young | 12 | Darlene Cimo Dolores Foster James Levandowski | 18 | Bob Francisco Stephen Sadvari Janice Silvernail Sheila VanderHout | 27 | Allen Simpson Doris Timmerman Rollene Vroma Victor Lefers |
| 5 | Virginia DeMaagd Alice Doorn | 13 | Richard Bailey Anne DeGraves Esther Erb | 19 | Jose Laracuente-Cedeno Aurora Hernandez Jacqueline Huffman Al Schmidt | 28 | John Medendorp Zelda Hutton Stan Sandusky Merilyn Czarniecki Kenneth Foster Lynne Holland Dortha Oostveen Thomas Thompson |
| 6 | Dick Crawford Maurice Keane | | | 20 | Nell Daniels Watson King Elsie Larson | 29 | |
| 7 | Alice Stout | | | 21 | Ruth Overmire Ila Huffman | 30 | |
| 8 | Harold Bailey Virginia Burghduff Ken Grundy Carol Hoffman | | | 22 | | | |
| | | | | 23 | Linda Booth | | |

HAPPY ANNIVERSARY!

| | | | | | |
|---|----------------------|----|---------------------------|----|---------------------------|
| 1 | Maurice & June Keane | 16 | Victor & Suzanne Lefers | 26 | Donald & Marilyn Borgeson |
| 2 | Burr & Sondra Wright | 20 | Alvin & Bettee Boeve | 27 | Bill & Sandy Stewart |
| | | 21 | Charles & Peggy Bellgraph | | |



FEBRUARY

| | | | | | | | |
|---|---|----|---|----|--|----|--|
| 1 | Bette Essink Helen Hanba Doris Henning | 7 | Irene Snyder Blanche Mack Lyle Etcher | 13 | Glen VanMalsen Jean Biernat Marlene McGee Phyllis Nystrom | 20 | Thressa Hall Richard Schaaphok Verda Wandel |
| 2 | Hazel Breen Angie Meulendyk Mary Cowles June Plummer Paul Kunde Laird Hamstra Nancy Zondervan | 8 | Rofena VerBerkmoes Evelyn Sytsma Juan DeLeon Bernie Oertlin Diana Spooner | 14 | Al Zaskowski | 21 | Dorothy Fase |
| 3 | Connie Lotterman | 9 | Bea Jenny Raymond Hintz | 15 | Jerrie Hazebrook Shirley Karpinski | 22 | Mary Spidell Bob Rood Clara Williamson Joyce McBrian Sue Gilbert Dorothy Mason James Woods |
| 4 | Enid Crawford Marian Shannon Dale Smith | 10 | William Karpowicz Betty Griffin George Dennis Judith Schovey | 16 | Frank Bos | 23 | Ted Sytsma Dick Rhonehouse |
| 5 | Betty Duimstra Joyce Sodman Reba Haltom | 11 | Dorothea Hardy Gerald Smith Lynette Jones Bernadette Burbo | 17 | Ona Wall Robert Herrud Janet Byer Dolores Anderson Victor McGregor | 24 | Robert Collins Mike Morse Angel Rios |
| 6 | Cheryl Prindle Sherrill Thurkettle Judith Kovera | 12 | Margaret Bouwman Linda Cousino Dorothy Strach Carolyn Rayner | 18 | Mary Davis Marion Sutton Josephine Sandusky Joanne Crawford Renee Grundy | 27 | Bonnie Anderson Mary Ann Bergevin |
| | | | | 19 | Esther Quick David Demkowski Ross Dubec Theresa VanderLugt | 28 | Judy Wensink |
| | | | | | | 29 | John Stoliecki |

HAPPY ANNIVERSARY!

| | | | | | | | |
|---|----------------------------|----|--|----|------------------------|----|--------------------------|
| 6 | Al & Debbie Frazine | 11 | Dick & Joan Sylvester | 15 | Gene & Blanche Mack | 25 | Ken & Sue Swanson |
| 8 | Guy & Judith Kovera | 14 | Jim & Carol Hoffman | 18 | Bill & Barb Yeomans | 27 | Donald & Beverly Johnson |
| 9 | Michael & Marjorie Shustha | | Ray & Charlene Hintz Richard & Joan Foley | 20 | Richard & Sally Larson | | |
| | | | | 22 | Ted & Carolyn Sytsma | | |

Volunteer Opportunities

Hosting Potlucks

The monthly Club Potlucks are some of the most popular events at the Wyoming Senior Center, however they would not be possible were it not for the Club members willing to volunteer to host them. Hosting a dinner is a fun and rewarding experience, and a great way to make new friends

Below is a partial schedule for the Calendar Year 2011. If you and a friend are interested in hosting, please stop by the Front Office or speak to a Club Officer or Activity Committee member.

January—Shirley Eckert & Pat LaCombe

February—Wilma Maldag, Brian Tait,
Mary Kotrch

March—Swedish Weaving Group

April—OPEN

May—OPEN



- ★ To all our volunteers that helped us Deck the Halls for the holiday season.
- ★ To our volunteers that read to the Godfrey Lee students in November & December
- ★ To Lynnda Dilan & Larry Williams for their assistance with the Christmas Party set up.
- ★ To all volunteers who helped make 2010 a successful year for the Wyoming Senior Center!
- ★ To all of you who brought in goodies and gifts to the WSC staff for the holidays.

ATTENTION

ALL VOLUNTEERS!!!

The tracking year for volunteer hours will now be Sept 1, 2010 – Aug. 31, 2011. We are working very hard to make sure that our records are accurate and that everyone is recording their hours in a timely manner.

In an effort to keep records accurate, when you volunteer, please record your hours on the day that your job is completed. If you forget we will give you a month's grace period to get the hours recorded. For example, if you work on October 10, you have until November 30 to get your hours in the book. Once this time has passed, we will not be going back and recording numerous hours (i.e. In July we will not be accepting hours that were worked the Jan. & Feb. before)

You will soon find at the volunteer table a "master" book with all the volunteer job descriptions that we will be giving people hours for (i.e. potluck host, office assistance, bingo caller, coffee shop, etc.). If you find that the job you've been doing and recording hours for is no longer in the book, please talk to a staff member as we may have re-classified the job or simply missed it while creating the descriptions.

BLOG

Don't forget to check out our blog! www.wyomingseiorcenter.blogspot.com. Feel free to add comments on the site if you have not done so yet.

FACEBOOK

You can also become a fan of the Wyoming Parks and Recreation Department on facebook. Our facebook page will not only cover information regarding the Center, but youth, adult and family programs as well. Just go to www.facebook.com, become a member and "become a fan" of the Wyoming Parks and Recreation Department.

** Coming Soon! The Wyoming Senior Center will have it's own Facebook page.*

Social Services

Financial Consultation

If you have any questions or concerns regarding your: statements, investments, insurance, etc., then stop by the Wyoming Senior Center for a free consultation provided by Brenda Kading-Payne, Financial Advisor for Edward Jones. Brenda comes to the center on the **fourth Wednesday of each month.**

Legal Assistance

Please Call 530.3190 to get your name on the list to see Attorney John Mitus, for a free 15 minute consultation. This service is on a first come, first serve basis. He will be here at the WSC on Wednesdays, January 12 and February 16 at 1:30 pm.

Hearing Screening

Sponsored by Theresa Wolf of Hearing Consultants Inc. The services include free screen testing, service to all make and model hearing aids, minor repairs, discount batteries available, Ostoscopic evaluation (check for wax), and free hearing consultation. **First Monday of the month at 10 am.**



Go! Bus Tickets Available

We offer reduced priced tickets for the Interurban Transit Partnership (ITP) Go! Bus service to qualified seniors. This door-to-door transportation service is offered to disabled older adults (60+) that reside in Kent County. Funding for this program is provided by a grant from Area Aging of Western Michigan. Please call 530.3190 for more information.



January 2011

| Sun | Mon | Tues | Wed | Thurs | Fri | Sat |
|-----|--|---|--|---|-----|---|
| | | | | | | 1 Senior Center Closed |
| 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| | 9a Begin Scheduling Tax Appointments 10a Forever Fit Hearing Screen Swedish Weaving 11:30a SMP Lunch 11:15a Bible Study 1p Quilting Club Pinochle Set Back | 9:30a FC Act Comm Bridge 10a Pedro Reading Club 10:30a Sweet & Low 11:30a SMP Lunch 12p Ceramics 12:45p Grocery Bingo 1p Cribbage 6p Ceramics | 9a Line Dance- Beg II 10a Rubber Stamping 10:10a Line Dance - Int 12:45p Commercial Bingo (18+) 1p Woodcarvers Hand & Foot Ceramics | 10a Forever Fit 10:30a Sweet & Low 11:30a SMP Lunch 12:45p Grocery Bingo 1p Euchre Painting Club 6p Square Dance | | 8 a - 3 p Open Billiards & Games Exercise Equipment Usage Coffee Shop 9:30a Tap & Jazz 10a Forever Fit 10:45a Tap & Jazz 11a Sweet & Low 12p Euchre 1p Reverse Mentoring |
| 9 | 10 | 11 | 12 | 13 | 14 | 15 |
| | 10a Forever Fit Swedish Weaving 11:30a SMP Lunch 1p Quilting Club Pinochle Set Back Reading to Kids 6p Intro to Office | 9a Intro to Computers 9:30a FC Act Comm Bridge 10a Pedro 10:30a Sweet & Low 11:30a SMP Lunch 12p Ceramics 12:30p FC Bus. Mtg 12:45p Grocery Bingo 1p Cribbage 6p Ceramics | 9a Line Dance- Beg II 10a Rubber Stamping 10:10a Line Dance - Int 12:45p Commercial Bingo (18+) 1p Woodcarvers Hand & Foot 1:30p Legal Assistance 6p Staying Safe on Web Ceramics | 9a Intro to Comp 10a Forever Fit 10:30a Sweet & Low 11:30a SMP Lunch 12:45p Grocery Bingo 1p Euchre Painting Club 5p Potluck 6p Square Dance | | 8 a - 3 p Open Billiards & Games Exercise Equipment Usage Coffee Shop 9:30a Tap & Jazz 10a Forever Fit 10:45a Tap & Jazz 11a Sweet & Low 12p Euchre |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| | 10a Forever Fit Swedish Weaving 11:30a SMP Lunch 11:15a Bible Study 1p Quilting Club Pinochle Set Back 2p Drawing w/ Color 6p Watercolor II Intro to Office | 9a Intro to Computers 9:30a FC Act Comm Bridge 10a Pedro 10:30a Sweet & Low 11:30a SMP Lunch 12p Ceramics 12:45p Grocery Bingo 1p Cribbage 6p Ceramics | 9a Line Dance- Beg II 10a Rubber Stamping 10:10a Line Dance - Int 12:45p Commercial Bingo (18+) 1p Woodcarvers Hand & Foot 1:30p Legal Assistance 6p Ceramics | 9a Intro to Comp 10a Forever Fit 10:30a Sweet & Low 11:30a SMP Lunch 12:45p Grocery Bingo 1p Euchre Painting Club 6p Square Dance Social Net | | 8 a - 3 p Open Billiards & Games Exercise Equipment Usage Coffee Shop 9:30a Tap & Jazz 10a Forever Fit 10:45a Tap & Jazz 11a Sweet & Low 12p Euchre |
| 23 | 24 | 25 | 26 | 27 | 28 | 29 |
| | 10a Forever Fit Swedish Weaving 11:30a SMP Lunch 1p Quilting Club Pinochle Set Back Reading to Kids 2p Drawing w/ Color 6p Watercolor II Intro to Office | 9a Intro to Computers 9:30a FC Act Comm Bridge 10a Pedro 10a-1p Special Election 10:30a Sweet & Low 11:30a SMP Lunch 12p Ceramics 12:45p Grocery Bingo 1p Cribbage | 9a Line Dance- Beg II 10a Rubber Stamping 10:10a Line Dance - Int 11a Financial Asst 12:45p Commercial Bingo (18+) 1p Woodcarvers Hand & Foot 6p Ceramics | 9a Intro to Comp 10a Forever Fit 10:30a Sweet & Low 11:30a SMP Lunch 12:45p Grocery Bingo 1p Euchre Painting Club 6p Square Dance | | 8 a - 3 p Open Billiards & Games Exercise Equipment Usage Coffee Shop 9:30a Tap & Jazz 10a Forever Fit 10:45a Tap & Jazz 11a Sweet & Low 12p Euchre |
| 30 | 31 | | | | | |
| | 10a Forever Fit Swedish Weaving 11:30a SMP Lunch 1p Quilting Club Pinochle Set Back Reading to Kids 2p Drawing w/ Color 6p Watercolor II | | | | | |

February 2011

| Sun | Mon | Tues | Wed | Thurs | Fri | Sat |
|-----------|---|--|--|---|-----------|---|
| | | 1 | 2 | 3 | 4 | 5 |
| | 10a Forever Fit Hearing Screen Swedish Weaving 11:30a SMP Lunch 11:15a Bible Study 1p Quilting Club Pinochle Drawing w/ Color Set Back Watercolor II 6p | 9:30a FC Act Comm Bridge 10a Pedro 10:30a Sweet & Low 11:30a SMP Lunch 12p Ceramics 12:45p Grocery Bingo 1p Cribbage 6p Ceramics | 9a Line Dance- Beg II 10a Rubber Stamping 10:10a Line Dance - Int 12:45p Commercial Bingo (18+) 1p Woodcarvers Hand & Foot Ceramics 6p | 8:30a Soaring Eagle 10a Forever Fit 10:30a Sweet & Low 11:30a SMP Lunch 12:45p Grocery Bingo 1p Euchre Painting Club Square Dance 6p | | 8 a - 3 p Open Billiards & Games Exercise Equipment Usage Coffee Shop 9:30a Tap & Jazz 10a Forever Fit 10:45a Tap & Jazz 11a Sweet & Low 12p Euchre |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| | 10a Forever Fit Swedish Weaving 11:30a SMP Lunch 1p Quilting Club Pinochle Set Back Reading to Kids Drawing w/ Color Watercolor II 6p | 9a Intro to Office 9:30a FC Act Comm Bridge 10a Pedro 10:30a Sweet & Low 11:30a SMP Lunch 12p Ceramics 12:30p FC Bus. Mtg 12:45p Grocery Bingo 1p Cribbage 6p Ceramics | 9a Line Dance- Beg II 10:10a Line Dance - Int 12:45p Commercial Bingo (18+) 1p Woodcarvers Hand & Foot Ceramics 6p | 9a Intro to Internet 10a Forever Fit 10:30a Sweet & Low 11:30a SMP Lunch 12:45p Grocery Bingo 1p Euchre Painting Club Potluck Square Dance 5p 6p | | 8 a - 3 p Open Billiards & Games Exercise Equipment Usage Coffee Shop 9:30a Tap & Jazz 10a Forever Fit 10:45a Tap & Jazz 11a Sweet & Low 12p Euchre 1p Reverse Mentoring |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| |  10a Forever Fit Swedish Weaving 11:30a SMP Lunch 11:15a Bible Study 12p Valentine Party 1p Quilting Club Pinochle Set Back Drawing w/ Color Watercolor II 6p | 9a Intro to Office 9:30a FC Act Comm Bridge 10a Pedro Reading Club 10:30a Sweet & Low 11:30a SMP Lunch 12:45p Grocery Bingo 1p Cribbage | 9a Line Dance- Beg II 10:10a Line Dance - Int 12:45p Commercial Bingo (18+) 1p Woodcarvers Hand & Foot 1:30p Legal Assistance | 9a Intro to Internet 10a Forever Fit 10:30a Sweet & Low 11:30a SMP Lunch 12:45p Grocery Bingo 1p Euchre Painting Club | | 8 a - 3 p Open Billiards & Games Exercise Equipment Usage Coffee Shop 9:30a Tap & Jazz 10a Forever Fit 10:45a Tap & Jazz 11a Sweet & Low 12p Euchre |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| | 10a Forever Fit Swedish Weaving 11:30a SMP Lunch 1p Quilting Club Pinochle Set Back Watercolor II 6p | 9a Intro to Office 9:30a FC Act Comm Bridge 10a Pedro 10:30a Sweet & Low 11:30a SMP Lunch 12p Ceramics 12:45p Grocery Bingo 1p Cribbage 6p Ceramics | 9a Line Dance- Beg II 10:10a Line Dance - Int 11a Financial Asst 12:45p Commercial Bingo (18+) 1p Woodcarvers 9a Hand & Foot Ceramics 6p | 9a Intro to Internet 10a Forever Fit 10:30a Sweet & Low 11:30a SMP Lunch 12p Ceramics 12:45p Grocery Bingo 1p Euchre Painting Club Square Dance | | 8 a - 3 p Open Billiards & Games Exercise Equipment Usage Coffee Shop 9:30a Tap & Jazz 10a Forever Fit 10:45a Tap & Jazz 11a Sweet & Low 12p Euchre |
| 27 | 28 | | | | | |
| | 10a Forever Fit Hearing Screen Swedish Weaving 11:30a SMP Lunch 11:15a Bible Study 1p Quilting Club Pinochle Drawing w/ Color Set Back | | | | | |

Let's Play Cards

J O K E R B U E X S B S R G K P B R S A A D
 N U P D P J J K L A D A U C N I R E T C C X
 I D O D R E L V C F N N I I S N I T H L T E
 B L A C K J A C K D F R A R T O D A G U R Y
 U C W A R Z A C O G T U E W X C G E I B A J
 F I A E V R V M N C A L H F B H E H E E E D
 N I K S A L H I I J A C K S X L E C Y M H S
 S O F T I P K G H E C U E D M E F D Z A E C
 P P C T R N A E D N E E U Q S O V U A G D O
 K C U U Y M O H A N D L C O G F N B R P N R
 Z K M C E T S W O R D S L J I C D E C R S E
 S M Q C S N W J K R G F G Q N J G D Y X U J
 Y B U Q N S S O B G U S D E R V T L T K U B
 K C E D I S L I R L C V V Q L J T J B K J U
 Z D X G O W V R J A L V Y I O U M N Q P W F
 P D P N C M H V T T Y P D N O M A I D F Y M

ACE

BACCARAT

BLACKJACK

BRIDGE

CASINO

CHEATER

CLUB

CRAZY EIGHTS

DEALER

DECK

DEUCE

DIAMOND

FIFTY-TWO

GAME

GIN

HAND

HEART

JACK

JOKER

KING

LOSE

MAGIC TRICK

MONEY

PINOCHLE

POKER

QUEEN

RANDOM

RED

RUMMY

SCAT

SCORE

SHUFFLE

SPADE

SUIT

WIN

To answer the trivia question, look for a word or phrase that is hidden in the puzzle, but not in the word list.

Trivia: It is believed that the modern, fifty-two card deck has probably derived from tarot cards. Can you find the names of the four suits in a deck of modern tarot cards?

Answer: _____/ _____/ _____/ _____